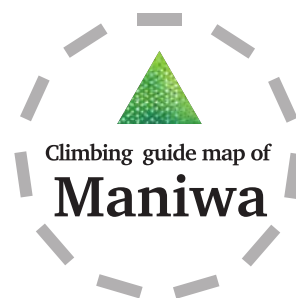


# Maniwa Climbing Guide Map

Hiruzen Mihirayama Asanabewashigasen Kenashigasen Hitsugasen  
Hoshiyama Minagasen Hotokegasen Tsugurosen Amagoisen Misakayama

Let's enjoy the famous mountains of Maniwa, rich with the colors of the four seasons!



Hiruzen Mihirayama Asanabewashigasen Kenashigasen Hitsugasen  
Hoshiyama Minagasen Hotokegasen Tsugurosen Amagoisen Misakayama



See the internet for details:

<http://www-e.maniwa.net/>

Maniwa Tourism Association

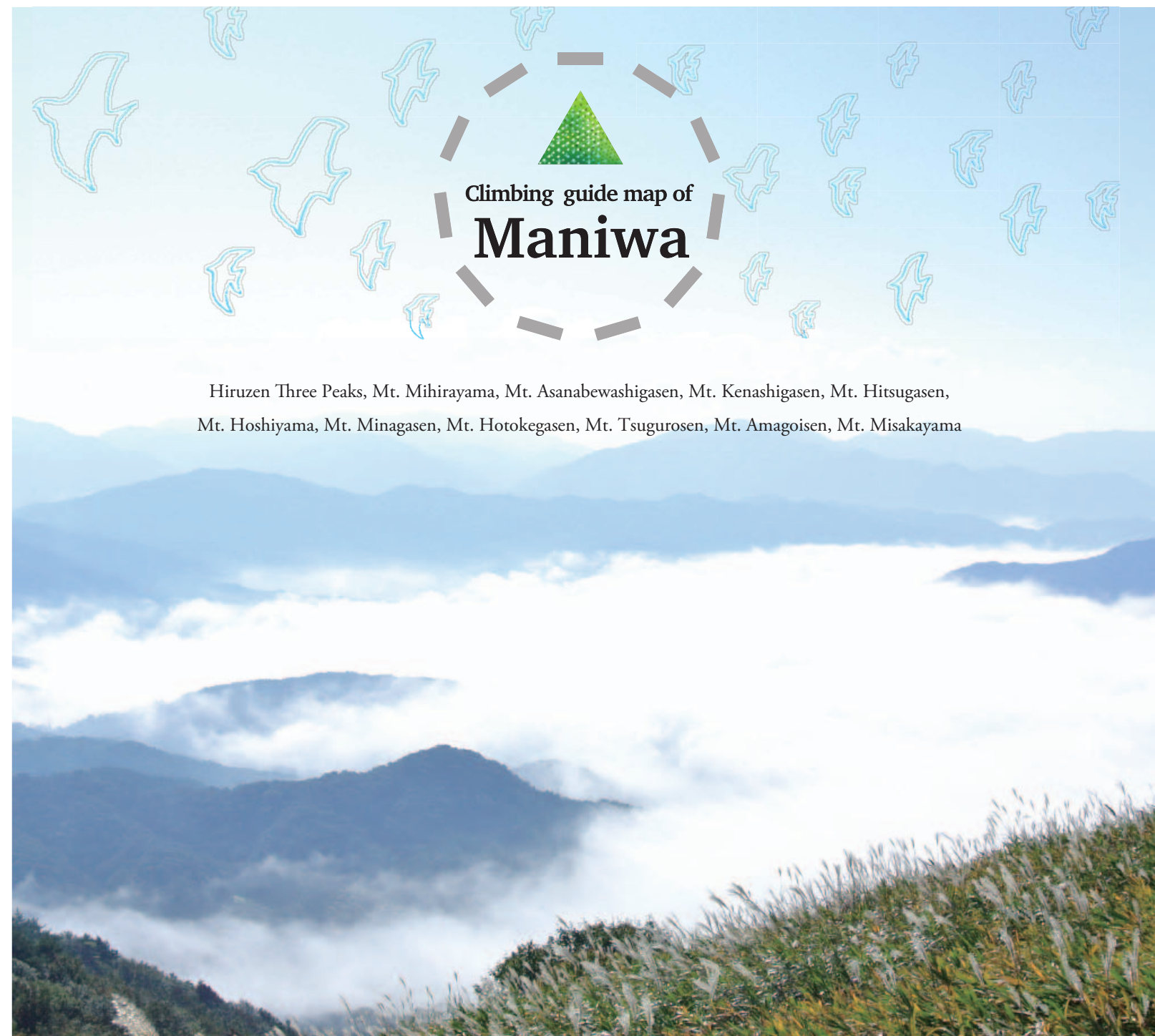


## information

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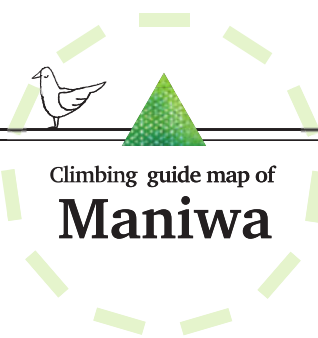
Contact: Maniwa Tourism Association, Tel: 0867-45-7111, Hiruzen Tourism Association, Tel: 0867-66-3220, Industrial Policy Section, Maniwa City Office, Tel: 0867-42-1033  
Industry and Construction Section, Shinjo Village Office, Tel: 0867-56-2626



Hiruzen Three Peaks, Mt. Mihirayama, Mt. Asanabewashigasen, Mt. Kenashigasen, Mt. Hitsugasen,  
Mt. Hoshiyama, Mt. Minagasen, Mt. Hotokegasen, Mt. Tsugurosen, Mt. Amagoisen, Mt. Misakayama







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Manners of climbers

## Basic Manners for Climbers

1. Please take all trash home with you.
2. Do not catch insects or pick flowers or plants, etc. (The only thing it is OK to “take” is photos!)
3. Please relieve yourself at locations where toilets are provided.
4. Mountain weather is changeable, so please you have prepared well and planned with time to spare before climbing.
5. “The person ascending has priority over the person descending the trail.” This is the basic rule, but adapt as necessary depending on the circumstances.
6. Please say “Konnichiwa (Hello)” whenever you meet or pass someone on the trail!

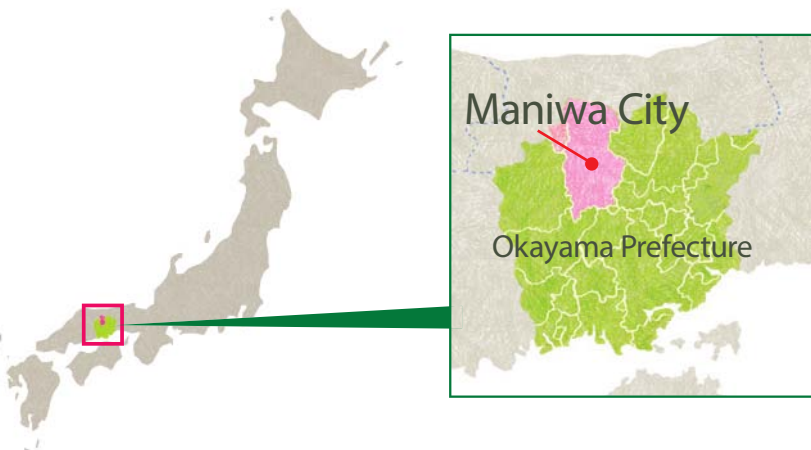
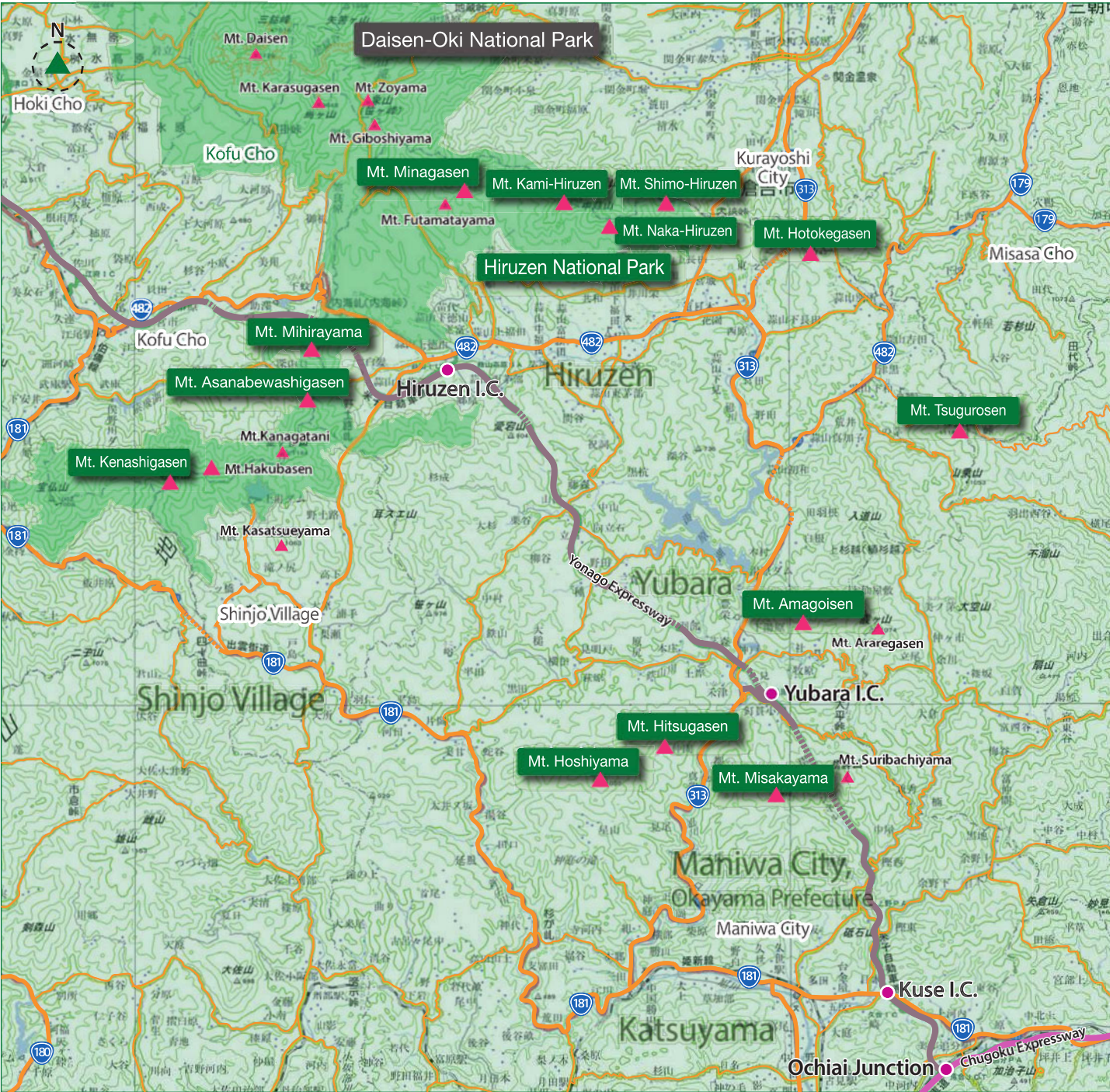


## Checklist of Possessions

Rucksack	Trekking boots	Gloves
Rain gear (Jacket and pants)	Maps and compass	Tissue paper
Coldproof and windproof wear	Head light (with additional batteries)	Trash bag
Water bottle	Snacks	Sunscreen and insect repellent
First aid kit and bear bell	Towel or cloth	Hot spring bathing set (change of underwear, towel, etc.)
Health insurance card	Hat	Change of clothes

Checklist of belongings

## Maniwa Climbing Guide Map: Wide-area Access Map



Map Symbols	
Trail route	—————
General roads	—————
Prefectural borders	—————
Toilets	
Parking	
Drinking water	
Natural landmarks	



# Hiruzen Three Peaks: Mt. Kami-Hiruzen, Mt. Naka-Hiruzen, and Mt. Shimo-Hiruzen

- ▲ Mt. Kami-Hiruzen    Height: 1202 m, Time required: approx. 2 hrs. (one-way)
- ▲ Mt. Naka-Hiruzen    Height: 1123 m, Time required: approx. 2 hrs. (one-way)
- ▲ Mt. Shimo-Hiruzen    Height: 1100 m, Time required: approx. 1 hr. 40 mins. (one-way)

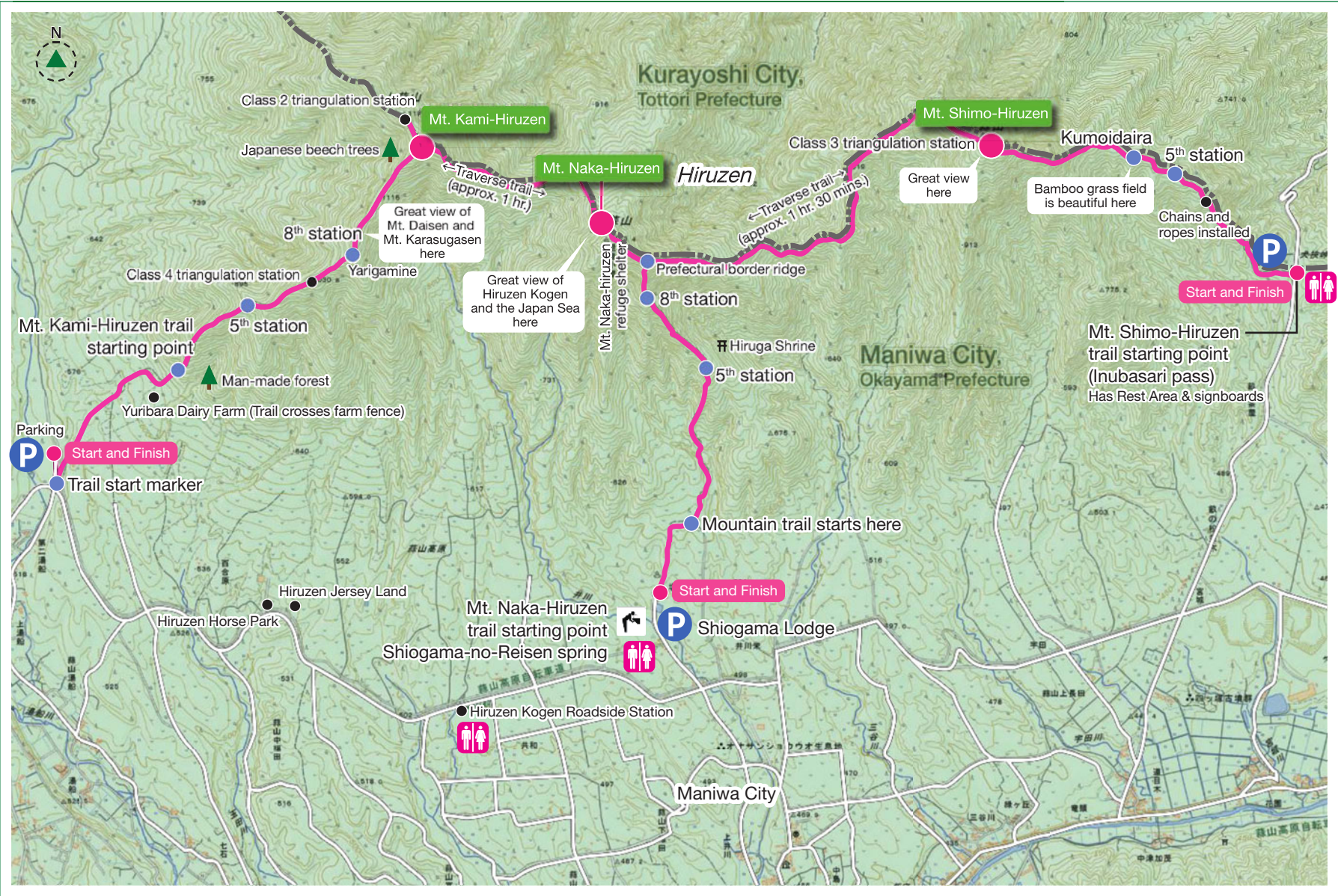
The elevarion for each course differs around 600m, and each peak can be reached in around 2 hours from the trail starting point. All three peaks can be reached via a connecting ridge but there are some steep slopes in parts and close to the summits there are beech tree forests. Mt. Kami-Hiruzen, Mt. Naka-Hiruzen, and Mt. Shimo-Hiruzen are known collectively as the Hiruzen Three Peaks and it takes around 7 to 8 hours to traverse all of them. Mt. Shimo-Hiruzen becomes a field of bamboo grass from the 5<sup>th</sup> station, and there are wide, open views to be enjoyed from the 8<sup>th</sup> station on Mt. Naka-Hiruzen and the 2<sup>nd</sup> station of Mt. Kami-Hiruzen. There is also a route to climb Mt. Kami-Hiruzen that passes through the Orogatawa wetland, although it is not the route generally used. Fawn lilies blossom across all three mountains in May, growing in clusters along the trail that traverses across the three peaks. Mt. Kami-Hiruzen has a superb view of Mt. Daisen and Mt. Karasugasen from Yarigamine at the 8<sup>th</sup> station, and at the end of June, bamboo lilies flower there. One of Japan's top 100 exquisite and well-conserved waters, "Shiogama-no-Reisen" spring is at the Mt. Naka-Hiruzen trail starting point and is a popular spot, with toilets also provided. From the top of Mt. Naka-Hiruzen, the Hiruzen Kogen Highlands can be seen spread below like a miniature garden, but unfortunately Mt. Daisen is not visible from there. Mt. Naka-Hiruzen has the best view. Toilets are also provided at the Mt. Shimo-Hiruzen trail starting point, and the view from just after the 5<sup>th</sup> station at Kumoidaira is spectacular.



a		b	
		c	
		d	
e	f	g	



- a. The form of the mountains of the Hiruzen Three Peaks
- b. A sea of cloud enclosing the Hiruzen basin
- c. The summit of Mt. Naka-Hiruzen
- d. Snow-covered view of Kumoidaira, Mt. Shimo-Hiruzen (On a guided tour)
- e. Fawn lily
- f. Bamboo lily
- g. Gypsy rose



\* This map was prepared after obtaining the approval of the Head of the Geospatial Information Authority of Japan to reproduce Digital Map 25000 (Map Image), (Approval No. Heisei 27 TYU-FUKU No. 28).

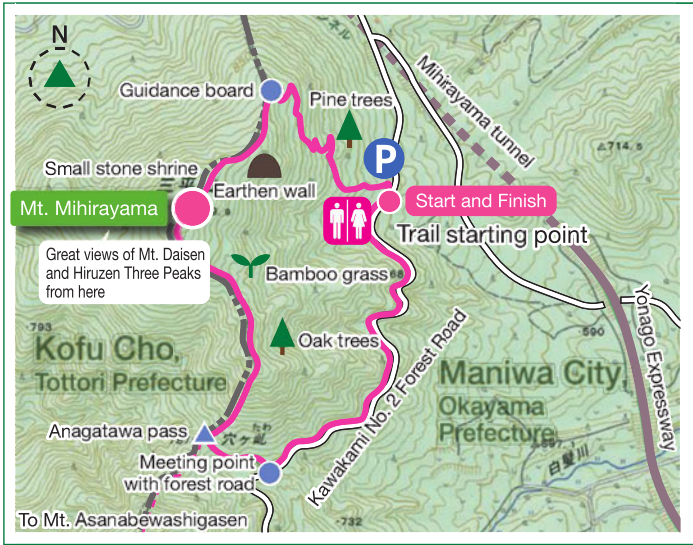




# Mt. Mihirayama, Mt. Asanabewashigasen and Mt. Kenashigasen

**▲ Mt. Mihirayama** Height: 1010 m, Time required: 45 mins. one-way/ approx. 2 hrs. round trip

From the summit, enjoy a view that takes in the south face of Mt. Daisen, Mt. Karasugasen, and the Hiruzen Three Peaks to the north, and extends from Mt. Kenashigasen to Mt. Asanabewashigasen in the south. There are no steep slopes after the trail starting point on the forest road, and this mountain is popular even with beginners because it can be climbed in around 45 minutes. From the ridge onward, enjoy views of bamboo grass and Japanese silver grass on both sides, and walk along the earthen wall (formerly used when war horses were bred in the area) which marks the prefectural border to reach the summit. Mt. Mihirayama can be climbed almost as a hike, but take care because the earthen wall can be slippery underfoot. Although steep in places, it is possible to descend down the Anagatawa pass, making a total round-trip of around 2 hours. From the Anagatawa pass, by climbing the ridge to the south, it is possible to traverse across to Mt. Asanabewashigasen.

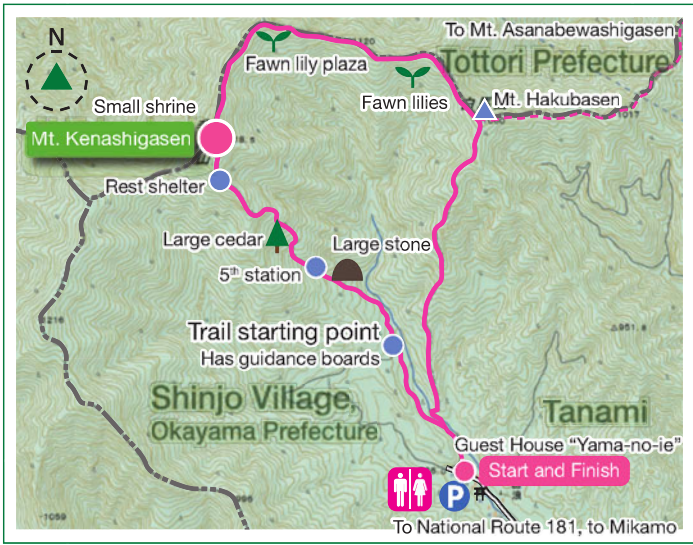


a. The form of Mt. Mihirayama (View from base of the mountain) / b. View of Hiruzen Three Peaks from close to the summit of Mt. Mihirayama (On a guided tour)  
c. Slope leading to Anagatawa pass



**▲ Mt. Kenashigasen** Height: 1219 m, Time required: 1 hr. 30 mins. one-way/ approx. 3 hrs. round trip

From the Tanami district of Shinjo Village, the trail follows alongside a river and passes through a cedar forest. After the steep slope, there are more wild grasses and flowers, and a broadleaved forest containing many large trees, including beech trees. After the rest shelter at the 9<sup>th</sup> station, close to the summit, the view suddenly opens out and becomes much wider. The view from the summit is superb. To the north, there are views extending from Yumigahama to Mt. Daisen and from Mt. Karasugasen to the Hiruzen Three Peaks. In addition, from the ridge there is a trail that traverses from Mt. Hakubasen to Mt. Asanabewashigasen and continues on to Mt. Mihirayama, and during the Golden Week holidays in May, the Fawn lily clusters here are spectacular.

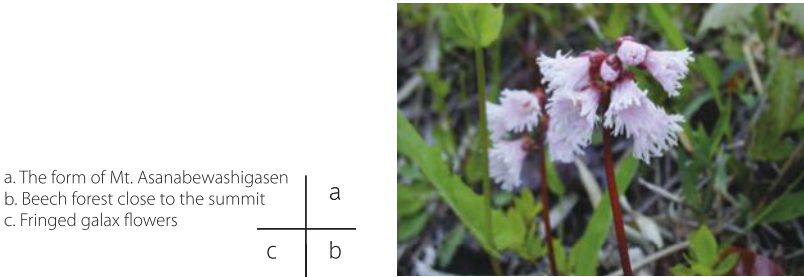


a. The form of Mt. Kenashigasen / b. A cluster of Fawn lilies / c. Mt. Kenashigasen Guest House, "Yama-no-ie"

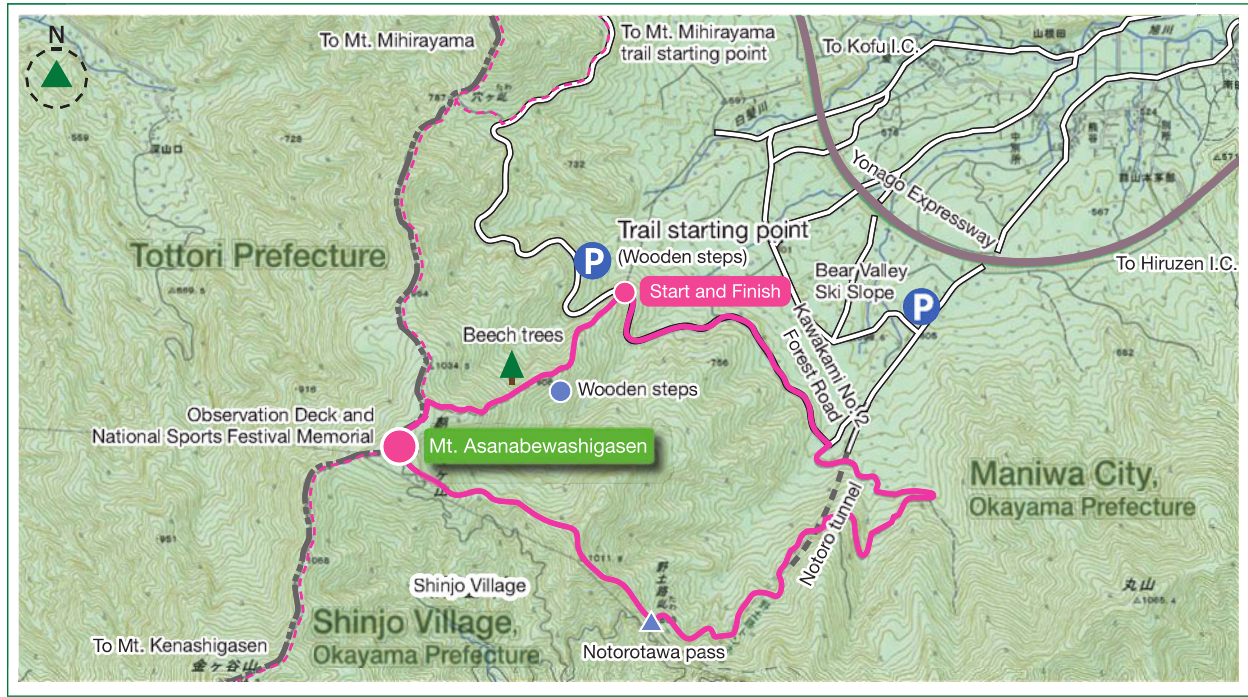


**▲ Mt. Asanabewashigasen** Height: 1074 m, Time required: 1 hr. 10 mins. one-way/ approx. 3 hrs. round trip

This mountain was used as the venue for the mountaineering competition of the 2005 National Sports Festival of Japan, which was held in Okayama Prefecture. Take the Kawakami No. 2 Forest Road from near the Notoro tunnel, and continue for a while to reach the trail starting point. The trail climbs gently through forest almost along the ridge line, overlooking wild grasses and flowers. The trail is rich with many flowers, including Fringed galax which bloom here from spring through fall. Follow the ridge trail that continues on to Mt. Mihirayama and then turn left along a gentle slope to reach the summit. There is no clear view from the summit, but by climbing onto the observation deck, a 360 degree view opens before you. To the west, there is a ridge trail that continues from Mt. Kanagatani to Mt. Kenashigasen. From the summit, the Notorotawa pass descends along the Chugoku Electric Power Co., Inc.'s maintenance road. Descend slowly along a disused road to the entrance to the Kawakami No. 2 Forest Road.



a. The form of Mt. Asanabewashigasen  
b. Beech forest close to the summit  
c. Fringed galax flowers

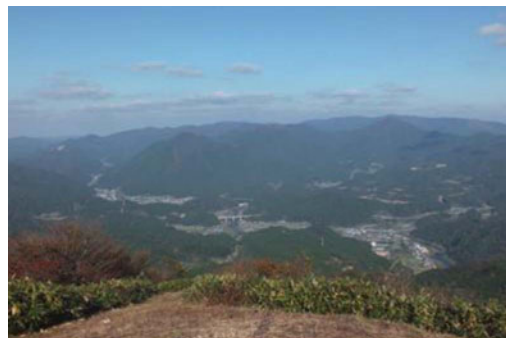




## Mt. Hitsugasen

▲ **Mt. Hitsugasen** Height: 953 m, Time required: 2 hrs. one-way/  
approx. 4 hrs. round-trip

The beginning of the trail passes houses and fields, leading to a steep slope before the forest road. The road leads north into the forest, near fields of bamboo grass, and ascends directly along the ridge. On the way, you can turn right and enter the Tengu forest, with impressive giant trees and a small forest shrine. The view from the summit extends from Yubara Onsen to the Hiruzen Three Peaks. A ridge to the West leads to Mt. Hoshiyama, which you should take for your descent until you reach a forest road. The descent leads past the Obasara Hamlet ruins and Ryuzu Waterfall to National Route 313, which is 400m south of the trail starting point.



a. Mt. Hitsugasen in fall.  
b. View from the summit of Mt. Hitsugasen

## Mt. Minagasen

▲ **Mt. Minagasen** Height: 1159 m, Time required: 1 hr. 50 mins.  
(one-way)

The trail starting point lies north of the Hiruzen Kogen Campsite and the trail climbs gently through a Konara (quercus serrata) forest, alongside the earthen wall formerly used for war horse-breeding. The slope gets steeper before reaching Mt. Futamatayama which has a great view to the south. The trail then descends a little before the final climb to Mt. Minagasen. There are relatively large numbers of giant beech trees in a forest near the summit and lots of bamboo grass. In early spring, the Magnolia salicifolia flowers are striking.

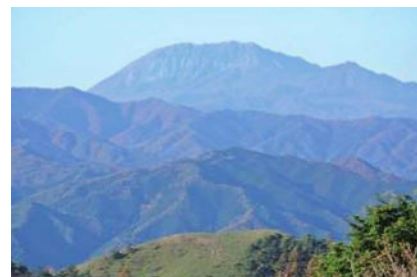


a. The form of Mt. Futamatayama and Mt. Minagasen.  
b. Giant beech tree at summit.

## Mt. Hoshiyama

▲ **Mt. Hoshiyama** Height: 1030 m, Time required: 1 hr. 20 mins.  
(one-way)

The East trail starting point begins from the side of the Visitor Center and becomes a mountain trail before climbing gently through the copse of the memorial forest. After circumventing Mt. Maesen, the trail converges with the trail from the West trail starting point. From here the ridge trail becomes slightly steeper. The summit is past the large rock. There is a Class 1 Triangulation Station and a 360 degree view of the Chugoku mountains. There is also a trail that traverses to Mt. Ougiyama, Mt. Gorinzan, and Mt. Hitsugasen.

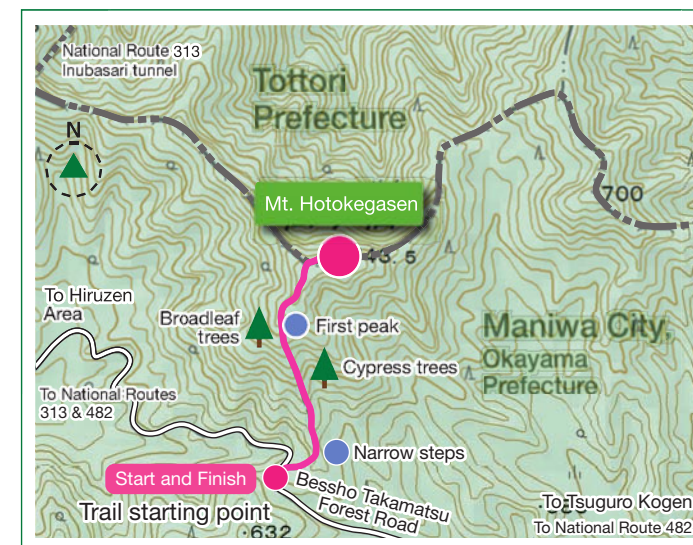


a. The form of Mt. Hoshiyama / b. Summit of Mt. Hoshiyama / c. View from near the summit (of Mt. Daisen area)

## Mt. Hotokegasen

▲ **Mt. Hotokegasen** Height: 743 m, Time required: 35 mins.  
(one-way)

Mt. Hotokegasen is one of only eight "Three Crown" mountains in Japan with a Class 1 Triangulation Station, a drainage divide and a prefectural border. From the pass on the Bessho Takamatsu Forest Road, climb the narrow steps on the mountain side to reach the trail starting point. Please note there are no parking spaces. The trail slowly curves to the left, zigzagging through a cypress forest, and then follows the ridge directly ahead. After 20 mins, the trail reaches the first peak which looks out westward over the Hiruzen Kogen. Continue further to reach the summit of Mt. Hotokegasen. To the north is a fabulous view over the townscapes of Kurayoshi and Sekigane that extend to the Japan sea.



a. The form of Mt. Hotokegasen / b. View from summit (View of Tottori Prefecture side) / c. Marker at the trail starting point

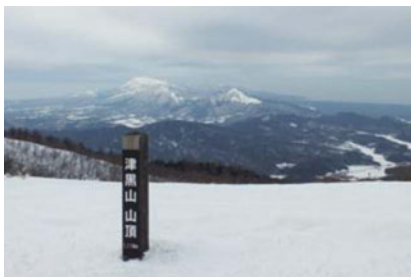
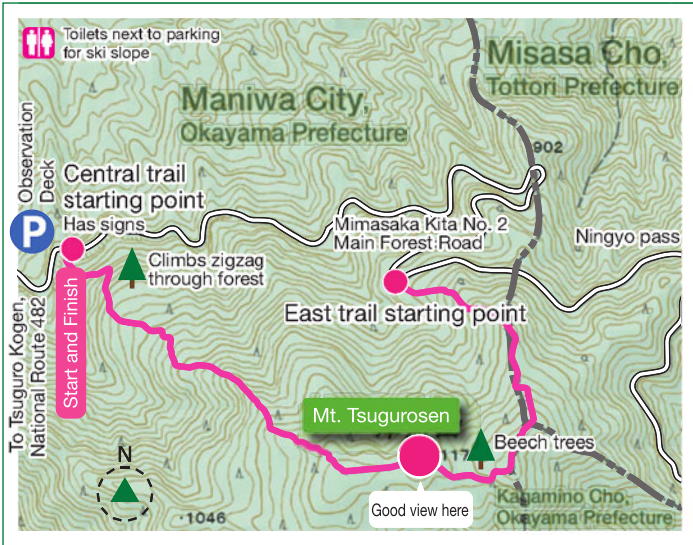




## Mt. Tsugurosen

▲ **Tsugurosen** Height: 1118 m, Time required: From Central trail starting point approx. 1 hr. 10 mins. (one-way)/ From East trail starting point approx. 50 mins. (one-way)

The trail begins by climbing through woods, and after ascending directly through forest, reaches a wide ridge with cypress trees. After climbing the ridge for about 30 mins, the slope eases but then becomes steep again. Continuing through a copse, the slope eases again and the view widens out. Climb a little further to reach the gently sloping summit, spread with Sasa kurilensis and broadleaf bamboo. The view encompasses a majestic row of mountains extending from the Hiruzen Three Peaks and beautiful Mt. Daisen in the north-west, and the Japan Sea in the north. Moreover, the East trail starting point (which can reach the summit in a shorter time) can be found by entering the forest road from the Central trail starting point and continuing in the direction of the Ningyo pass. By using the main forest road, it is possible to make a round trip within three hours.

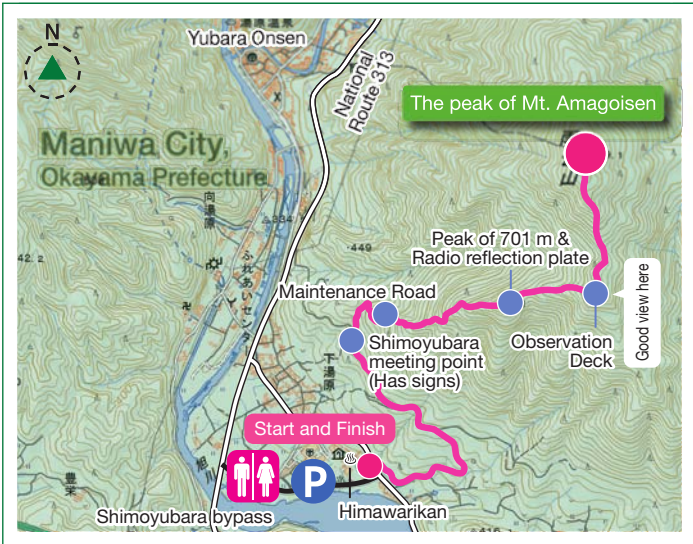


a. Snow-covered Mt. Tsugurosen./ b. Giant beech near summit of Mt. Tsugurosen./ c. View from Mt. Tsugurosen.

## Mt. Amagoisen

▲ **Mt. Amagoisen** Height: 889 m, Time required: 2 hrs. 30 mins. (one way)

Climb along the forest road which curves broadly to the left and continue to the northwest. After walking a while, turn right at the meeting point with the Shimoyubara hamlet to climb up the mountain trail. It climbs up through a cedar forest and through a copse. Push a path through Japanese sliver grass and dense weeds, to finally reach a peak where a radio reflection plate stands. Climb straight on from there, to reach an observation deck with a tremendous view. From the observation deck, there is a view of the whole Shimoyubara area. Climb north from there along the Tsurione ridge to reach the summit of Mt. Amagoisen.

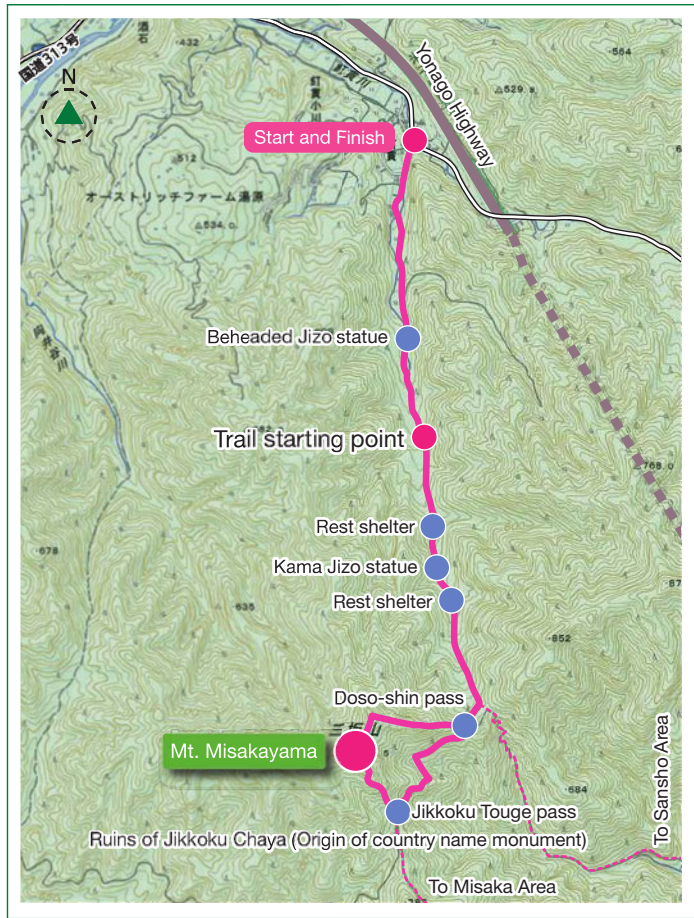


a. The form of Mt. Amagoisen  
b. View of Yubara Onsen town from the summit of Mt. Amagoisen.

## Mt. Misakayama

▲ **Mt. Misakayama** Height: 903 m Time required: 2 hrs. (one way)

Mt. Misakayama was a difficult spot on the route to Mt. Daisen that has been sung about in old Japanese songs (in lyrics meaning "The 12 km of Mt. Misakayama feels like 20 km"). There is a path cut through the mountain in both the north and south, and the path in the south is known as the Jikkoku Touge ("Ten-country") path which was known as such because it looked out over ten countries in four directions. At the ruins of the Jikkoku Chaya "10-koku" Tea House, where a guard used to be stationed and was paid 10-koku of rice by the Tsuyama Clan, there is an origin of country name monument, explaining the theory that the name of Mimasaka Area in northern Okayama, derives from Mt. Misakayama. From the Kuginuki-kogawa hamlet, follow the forest road for around 20 mins. to reach the trail starting point. From the trail starting point, follow the winding path through a cypress forest, until it gradually begins to curve more sharply, then climb for around 30 mins. from there to reach the pass where a stone Doso-shin (spirit to protect travelers) stands. From the pass, follow the ridge that climbs to the right to reach the summit. There are several steep slopes and peaks, before reaching the summit of Mt. Misakayama in around 40 mins. Descend to the south by passing through the Jikkoku Touge pass.



a. The view of Mt. Misakayama (from Mt. Hoshiyama)  
b. Doso-shin stone standing on the pass  
c. Origin of country name monument

## Taxi and Bus Information

Taxis	
<b>Hiruzen &amp; Shinjo Area</b>	Hiruzen, Mt. Mihirayama, Mt. Asanabewashigasen, Mt. Kenashigasen, Mt. Minagasen, Mt. Hotokegasen, and Mt. Tsugurosen
• Hiruzen Taxi	Tel:0867-66-2535
• Hiruun Taxi	Tel:0867-66-5570
<b>Shinjo, Yubara, Katsuyama, and Kuse Area</b>	Mt. Kenashigasen, Mt. Hitsugasen, Mt. Amagoisen, Mt. Hoshiyama and Mt. Misakayama
• Fukumoto Taxi	Tel:0867-44-3175
• Hatsumoto Taxi	Tel:0867-44-3185
• Kuse Taxi	Tel:0867-42-0215

Bus	
<b>City Bus</b>	• Maniwa City Community Bus "Maniwakun♡" Fee per journey: Adult (Junior high school students upward) 200 yen; Child (elementary school) 100 yen Contact: Lifestyle and Safety Section, Maniwa City Tel: 0867-42-1017
<b>Highway Bus</b>	• Katsuyama ⇄ Okayama Route Chutetsu Hokubu Bus, Tsuyama Branch Tel: 0868-27-2827 • Kurayoshi, Hiruzen Inubasari, Yubara Onsenouchi ⇄ Okayama Route Hinomaru Jidosha, Kurayoshi Branch Tel: 0858-26-4111 • Kurayoshi, Hiruzen Inubasari, Yubara Onsenouchi, Kuse I.C. ⇄ Osaka Route Nihon Kotsu, Highway Bus Reservation Center Tel: 0858-26-2526 • Tottori, Yubara Onsenouchi ⇄ Hiroshima Route Hinomaru Jidosha, Highway Bus Reservation Center Tel: 0858-26-2533





## List of Accommodation Facilities



### ▲ Hiruzen Area

<b>Kyukamura Hiruzen-Kogen</b> 1205-281 Kami-Fukuda, Hiruzen, Maniwa City Tel: 0867-66-2501	<b>Hotel Hiruzen Hills</b> 694-129 Tomiyamana, Hiruzen, Maniwa City Tel: 0867-66-7018	<b>Musashiya Ryokan</b> 138-3 Naka-Fukuda, Hiruzen, Maniwa City Tel: 0867-66-3010	<b>Ryusenkaku</b> 1161 Kami-Nagata, Hiruzen, Maniwa City Tel: 0867-66-2008	<b>Yubuneso</b> 598 Yubune, Hiruzen, Maniwa City Tel: 0867-66-3156
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<b>Seishonen Kenshu Center</b> Kami-Nagata, Hiruzen, Maniwa City (In Hiruzen Kogen Sports Park) Tel: 0867-66-2155 (Hiruzen Yatsuka Onsen "Kaiyukan")	<b>Hiruzen Interhotel</b> 1026-1 Kami-Tokuyama, Hiruzen, Maniwa City Tel: 0867-66-3136	<b>Hiruzen Nagomino Yu "Tsuguro Kogenso"</b> 1080-1 Shitao, Hiruzen, Maniwa City Tel: 0867-67-2221	<b>Reisen Sanso</b> 27-50 Shimo-Fukuda, Hiruzen, Maniwa City Tel: 0867-66-3959	<b>Kogen-no-oyado Sakata</b> 1205-241 Kami-Fukuda, Hiruzen, Maniwa City Tel: 0867-66-2515
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<b>X'mas Cottage</b> Yubune, Hiruzen, Maniwa City Tel: 0867-45-7600	<b>Loghouse Locanda Peterpan</b> 1205-259 Kami-Fukuda, Hiruzen, Maniwa City Tel: 0867-45-7600	<b>Rental holiday home with open-air bath "Yuki-akari"</b> Kami-Fukuda, Hiruzen, Maniwa City Tel: 0867-45-7600	<b>Log Guest House "Mori-no-Sampo"</b> 596-55 Hon-Kayabe, Hiruzen, Maniwa City Tel: 0867-66-3793	<b>Mori-no-Auberge &amp; Cottage Hiruzen-no-mori</b> 596-49 Hon-Kayabe, Hiruzen, Maniwa City Tel: 0867-45-7120
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<b>Guest House Mikinoya</b> 1200-4 Kami-Fukuda, Hiruzen, Maniwa City Tel: 0867-66-4343	<b>Hiruzen Club Nadja Guest House</b> 1-303 Shimo-Fukuda, Hiruzen, Maniwa City Tel: 0867-66-5433	<b>Dandanmura</b> 617-33 Yubune, Hiruzen, Maniwa City Tel: 0867-66-4808	<b>Laforet Hiruzen</b> 2146-1 Nishi-Kayabe, Hiruzen, Maniwa City Tel: 0867-66-2330	<b>Hiruzen Dog-friendly Rental holiday home Jun Log</b> 288-22 Nishi-Kayabe, Hiruzen, Maniwa City Tel: 090-2095-3396
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### ▲ Shinjo Area

<b>Cottage Komorebi</b> 1089-226 Shimo-Tokuyama, Hiruzen, Maniwa City Tel: 0867-66-2550 (Takami Real Estate)	<b>Mt. Kenashiyama Guest House "Yama-no-ie"</b> 3253-5 Shinjo Village, Maniwa County Tel: 0867-56-2626 (Shinjo Village Office)	<b>Iyashi-no-yado "Yamanami"</b> 2015-1 Shinjo Village, Maniwa County Tel: 0867-56-2626 (Shinjo Village Office)	<b>Nouka Minshuku Hatago "Ichirimatsu"</b> 1157-2 Shinjo Village, Maniwa County Tel: 0867-56-3044	<b>Nouka Minshuku Hatago Sugiya</b> 1189 Shinjo Village, Maniwa County Tel: 0867-56-2739
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### ▲ Yubara Area

<b>Genroku Hatago (17<sup>th</sup> Century Tavern) "Aburaya"</b> 27 Yubara-onsen, Maniwa City Tel: 0867-62-2006	<b>Ryokan Kajikaso</b> 13-6 Yubara-onsen, Maniwa City Tel: 0867-62-3666	<b>Gamelan</b> 114 Yubara-onsen, Maniwa City Tel: 0867-62-2292	<b>Kikunoya Ryokan</b> 387-1 Yubara-onsen, Maniwa City Tel: 0867-62-3754	<b>Satsukiso</b> 155 Yubara-onsen, Maniwa City Tel: 0867-62-2026
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<b>Taneya Ryokan</b> 145 Yubara-onsen, Maniwa City Tel: 0867-62-2201	<b>Yunokura Tsuruya</b> 144 Yubara-onsen, Maniwa City Tel: 0867-62-2016	<b>Petit Hotel Yubara Resort</b> 68 Yubara-onsen, Maniwa City Tel: 0867-62-2600	<b>Yubara-no-Yado Komeya</b> 345-18 Yubara-onsen, Maniwa City Tel: 0867-62-3775	<b>Yumeguri-no-yado Matsunoya Kasen</b> 320-1 Yubara-onsen, Maniwa City Tel: 0867-62-2121
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<b>Mutsumi Ryokan</b> 154-2 Yubara-onsen, Maniwa City Tel: 0867-62-2513	<b>Yukai Resort Terunoyu</b> 1429-2 Toyosaka, Maniwa City Tel: 0867-62-2131	<b>Hakkei</b> 1572 Toyosaka, Maniwa City Tel: 0867-62-2211	<b>Yubara Kokusai Kanko Hotel Kikunoyu</b> 16 Yubara-onsen, Maniwa City Tel: 0867-62-2111	<b>Yukaikan Hanayashiki</b> 21 Yubara-onsen, Maniwa City Tel: 0867-62-3341
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<b>Hotel in the Forest "Rocheport"</b> 128-14 Yashiro, Maniwa City Tel: 0867-62-3939	<b>Taru Onsen Izumiya</b> 359 Tsugitaru, Maniwa City Tel: 0867-62-3311	<b>Kinsei Ryokan</b> 367 Tsugitaru, Maniwa City Tel: 0867-62-2850	<b>Tarumiso</b> 365 Tsugitaru, Maniwa City Tel: 0867-62-3259	<b>Nakanoya Ryokan</b> 364 Tsugitaru, Maniwa City Tel: 0867-62-2150
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After climbing the Maniwa Mountains to your heart's content all day, relax and relieve your fatigue in one of our hotels. Enjoy a leisurely evening in Maniwa City, too.

### ▲ Yubara Area

<b>Kijiya Ryokan</b> 175 Nakama, Maniwa City Tel: 0867-62-2811	<b>Maga Hotel</b> 184 Nakama, Maniwa City Tel: 0867-62-3636	<b>Gourokukan</b> 712 Honjo, Maniwa City Tel: 0867-62-2261	<b>Spa Yubara</b> 157-1 Yubara-onsen, Maniwa City Tel: 0867-62-2611
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### ▲ Katsuyama, Kuse, and Mikamo Area

<b>Maniwa City Hotel Sunrise</b> 258-6 Sou, Maniwa City Tel: 0867-42-2121	<b>Town Hotel Ishii</b> 2822 Kuse, Maniwa City Tel: 0867-42-0007	<b>Obaya Ryokan</b> 2568 Kuse, Maniwa City Tel: 0867-42-1025	<b>Kappou Ryokan Okamoto</b> 2603 Kuse, Maniwa City Tel: 0867-42-0660	<b>Kamitamaya Ryokan</b> 2537 Kuse, Maniwa City Tel: 0867-42-0497
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<b>Kami Kajiya Ryokan</b> 2541 Kuse, Maniwa City Tel: 0867-42-0143	<b>Shimodamaya Ryokan</b> 2538 Kuse, Maniwa City Tel: 0867-42-1023	<b>Tatsumiya Ryokan</b> 2842 Kuse, Maniwa City Tel: 0867-42-0146	<b>Takazen-no-sato Yono Natsu Tsubaki</b> 465 Yonoshimo, Maniwa City Tel: 0867-42-6336	<b>Takazen-no-sato Yono Aokihonke</b> 388 Yonoshimo, Maniwa City Tel: 0867-42-6422
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<b>Harada Ryokan</b> 436 Katsuyama, Maniwa City Tel: 0867-44-2323	<b>Minshuku Koyama</b> 213 Yokobe, Maniwa City Tel: 0867-44-3981	<b>Minshuku Ryokan Funatsu</b> 243-2 Sanden, Maniwa City Tel: 0867-44-3097	<b>Katsuyama Utsukushii Mori (Beautiful Forest) (Bungalow Campsite)</b> 453-1 Sugatani, Maniwa City Tel: 0867-44-2927 (Maniwa City Katsuyama Promotion Bureau)	<b>Sun Forest Golf Club</b> 945-6 Fukutani, Maniwa City Tel: 0867-44-5500
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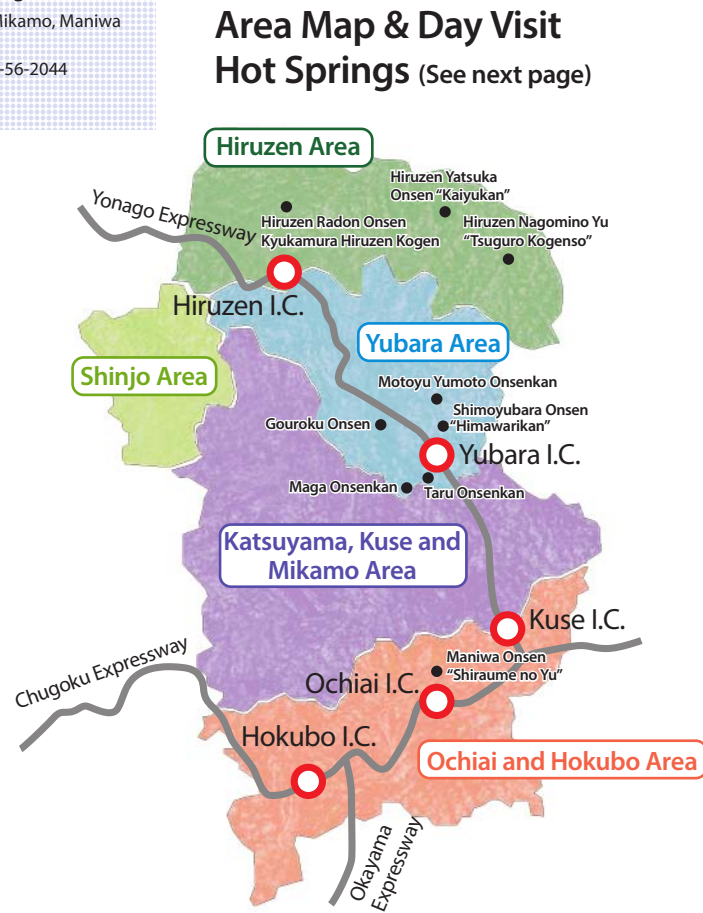
<b>Shigeya Ryokan</b> 3982 Mikamo, Maniwa City Tel: 0867-56-2019	<b>Kadoya Ryokan</b> 3897-6 Mikamo, Maniwa City Tel: 0867-56-2081	<b>Create Sugedani</b> 1050-2 Mikamo, Maniwa City Tel: 0867-56-2044
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### ▲ Ochiai and Hokubo Area

<b>Nakatsui Jinya</b> 454-2 Shimo-Nakatsui, Maniwa City Tel: 0866-52-5001	<b>Takizawa Ryokan</b> 486 Shimo-Nakatsui, Maniwa City Tel: 0866-52-2405
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<b>Nishiya Ryokan</b> 569 Shimo-Azae, Maniwa City Tel: 0866-52-2028	<b>Minatoya Ryokan</b> 584 Shimo-Azae, Maniwa City Tel: 0866-52-2204
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<b>Highland Ochiai</b> 586-3 Shimo-Ichize, Maniwa City Tel: 0867-52-5905	<b>Maniwa Riverside Hotel</b> 620 Kaide, Maniwa City Tel: 0867-52-1521
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## Day Visit Hot Springs



### ▲ Hiruzen Area

#### Hiruzen Radon Onsen Kyukamura Hiruzen Kogen

Spacious bath with a great view of majestic scenery. Natural radon hot spring.

Closed: No holidays

Opening hours: 11:00 - 14:30

18:30 - 20:00

(Tuesdays: 18:30 - 20:00 only)

Address: 1205-281 Kami-Fukuda,  
Hiruzen, Maniwa City

Tel: 0867-66-2501

(Kyukamura Hiruzen Kogen)



#### Hiruzen Yatsuka Onsen Kaiyukan

One of Japan's top class natural radon hot springs. Known as a treatment spring for its effectiveness in relieving muscle pain, nervous tension and skin complaints.

Closed: Wednesdays (or the day after,  
in the case of a national holiday)

Opening hours: 10:00 - 22:00

Address: 2300-1 Kami-Nagata, Hiruzen,  
Maniwa City

Tel: 0867-66-2155



#### Hiruzen Nagomino Yu Tsuguro Kogenso

Has an open-air bath and one wall of the indoor bath is entirely made of glass in order to enjoy the mountain scenery in all four seasons. Radium hot spring.

Closed: No holidays

Opening hours: Weekdays 14:00 - 19:30

Saturdays, Sundays, National Holidays:

12:00 - 19:30 (Tuesdays: 16:00 - )

Address: 1080-1 Shitao, Hiruzen,  
Maniwa City

Tel: 0867-67-2221



### ▲ Yubara Area

#### Motoyu Yumoto Onsenkan

Day visit hot spring in the center of the Yubara hot spring town that uses hot spring water from the source. The water quality is expansive high-temperature alkaline hot spring water. Sauna and jacuzzi also provided.

Closed: No holidays

Opening hours: 10:00 - 23:00

Address: 23-2 Yubara-onsen,  
Maniwa City

Tel: 0867-62-2039



#### Shimoyubara Onsen Himawarikan

Boasts a spacious, atmospheric open-air bath made of rocks, as well as an open-air bath for pets (cats and dogs), which is rare in Japan.

Closed: Tuesdays

Opening hours: 10:00 - 22:00

Address: 24-1 Shimoyubara,  
Maniwa City

Tel: 0867-62-7080



#### Gouroku Onsen (Gourokukan)

A hot spring in a detached building with the atmosphere of a secret spring. The floor is paved with natural rocks and hot spring water wells up from between them.

Closed: Unscheduled

Opening hours: 10:00 - 16:00

Address: 712 Honjo, Maniwa City

Tel: 0867-62-2261



#### Taru Onsenkan

There are many visitors for medical reasons because its hot spring waters are said to be good for skin complaints and cuts.

Closed: No holidays

Opening hours: 7:00 - 22:00

Address: 346-1 Tsugitaru, Maniwa City

Tel: 0867-62-2966



#### Maga Onsenkan

A popular, high-ranking treatment hot spring. Preserves the old-fashioned treatment spring atmosphere with a bath made of natural rocks, etc.

Closed: No holidays

Opening hours: 7:00 - 22:00

Address: 181 Nakama, Maniwa City

Tel: 0867-62-2953



### ▲ Ochiai and Hokubo Area

#### Maniwa Onsen Shiraume-no-Yu

Sauna, jacuzzi, open-air bath are provided, for carefree enjoyment of the hot spring.

Closed: Unscheduled

Opening hours: 11:00-21:00

Address: 620 Kaide, Maniwa City

Tel: 0867-52-2623



## Guide Services

### Hiruzen Guide Club

Lots of guides are ready and waiting to assist you to experience and be moved by the rich natural environment and spectacular views of Hiruzen.

Please contact us to discuss your mountain climbing (incl. school trip), wetland observation, camping, snow-trekking (snowshoes), walking, or famous and historic sites visiting, etc., needs.

Contact:

303-1 Tomiyamane, Hiruzen, Maniwa City,

Okayama Prefecture 717-0503

Hiruzen Guide Club Office,

within Hiruzen Tourism Association

Tel: 0867-66-3220

Fax: 0867-66-4141

Search on the internet for [Hiruzen Guide Club](#) to find our Homepage.



### Hiruzen Tour Desk

Hiruzen Tour Desk conducts various types of tours to enable visitors to experience the thrills and emotions of Hiruzen through its activities. These include river trekking at the Yamanori gorge, a popular local power spot. Other popular tours include thicket-clearing and a tour of giant trees. We also offer various snowshoe tours in diverse locations and at varying levels of difficulty in winter. Please contact us if you are looking to have a great time in Hiruzen. We have many different tours on offer from which to choose the most appropriate for you.

Contact:

1397 Shitao, Hiruzen, Maniwa City, Okayama Prefecture 717-0513

Hiruzen Tour Desk

Tel: 0867-67-2148

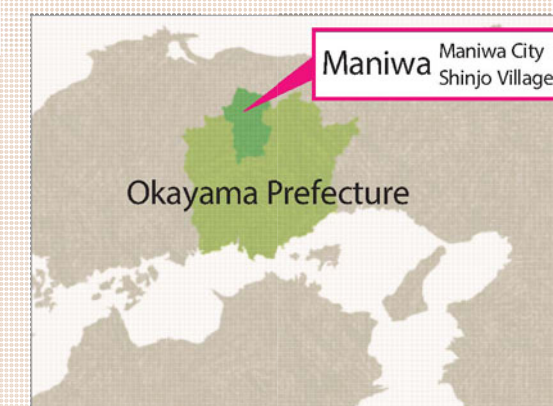
Mobile: 090-5692-3667

Search on the internet for

[Hiruzen Tour Desk](#) to find our Homepage.



## Access



**By Train** Okayama Stn. to Chugoku Katsuyama Stn.

Route 1: Approx. 140 mins.

Tsuyama Line: (Okayama to Tsuyama) 90 mins.

▼ Change

Kishin Line: (Tsuyama to Katsuyama) 45 mins.

Route 2: Approx. 160 mins.

Hakubi Line: (Okayama to Niimi) 100 mins.

▼ Change

Kishin Line: (Niimi to Katsuyama) 55 mins.



**By Car**

● To Kuse I.C.

• From Osaka: approx. 170 km

• From Hiroshima: approx. 200 km

• From Okayama or Kurashiki: approx. 70 km

• From Fukuyama City: approx. 110 km

• From Takamatsu City: approx. 135 km

● To Hiruzen I.C.

• From Osaka: approx. 200 km

• From Hiroshima: approx. 230 km

• From Okayama or Kurashiki: approx. 100 km

• From Fukuyama City: approx. 140 km

• From Takamatsu City: approx. 165 km

**By Bus**

• Okayama Stn. to Katsuyama area: approx. 140 mins. (Daily) 4 buses per day

• Hiroshima Bus Center to Yubara: approx. 220 mins. (Daily) 3 buses per day

• Osaka to Yubara or Hiruzen: approx. 210 mins. (Daily) 1 bus per day

• Okayama Stn. to Yubara or Hiruzen: approx. 110 mins. (Daily) 1 bus per day

• From Chugoku Katsuyama Stn., the Maniwa City Community Bus is most convenient.